



AMBASCIATORI SPA  
wellness centre

**MASSAGES**

|   | <b>EURO</b>  | <b>MINUTES</b> |
|---|--------------|----------------|
| Relaxing  |              |                |
| <b>Relax</b><br>Gentle, enveloping manual skills. Your body surrenders to a harmonic pampering that generates total relaxation.   | € 40<br>€ 65 | 25<br>50       |
| <b>Candle</b><br>Slow, deep movements pamper the body and relax the mind. Moisturise your skin with precious warm shea butters from a scented candle.                   | € 75         | 50             |
| <b>Californian</b><br>Massage with long movements performed with the forearm, with the aim of bringing body and mind into contact.                                      | € 75         | 50             |
| <b>Draining</b><br>Promotes fluid drainage by stimulating the main lymphatic stations. Counteracts water retention and oedema.  | € 45<br>€ 75 | 25<br>50       |
| <b>Sport</b><br>Massage targeted at specific muscle tensions, works on the contractures by relaxing the tissues and bringing them back into balance.                    | € 45<br>€ 75 | 25<br>50       |
| <b>Chakra stones massage</b><br>Stones placed on the 7 chakras and gentle manoeuvres will help you to regaining psycho-physical balance throughout the entire organism. | € 75         | 50             |